



Digital Safety Practices for Protesters

*Based on guidance from the American Civil Liberties Union (ACLU) and other expert-sources. This is **not legal advice**, but rather a set of best-practices to help you think through how to stay safer online and offline when exercising your rights to protest.*

1. Know your rights

1. Right to assemble and record

- a. The First Amendment protects your right to assemble and express views through protest. [American Civil Liberties Union](#)
- b. You generally have the right to photograph or video in public places (including police) so long as you are not interfering with law enforcement. [Indivisible](#)

2. Limits & permits

- a. Authorities can impose *time, place, and manner* restrictions (e.g., requiring a permit for a large rally, or regulating sound amplification) but not discriminate based on viewpoint. [American Civil Liberties Union](#)
- b. Check local regulations in the city/town where you'll protest.

3. Interaction with law enforcement

- a. If you are approached by police: you may ask whether you are free to leave; you have the right to remain silent and the right to an attorney.
- b. If your device is seized, staying calm and knowing your rights helps.

4. Privacy & surveillance concerns

- a. The ACLU notes that while you may expect some level of privacy, in many situations authorities or others may collect data or monitor you. [American Civil Liberties Union](#)
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2. Digital safety: before the protest

1. Device preparedness

- a. Encrypt your device. The ACLU says encryption helps protect your phone if it is lost or confiscated. [ACLU of DC](#)

- b. Disable biometric unlock (face/fingerprint). Use a strong passcode instead. Biometrics are easier to coerce; a passcode has stronger legal protection. [ACLU of DC](#)
 - c. Remove or sign out of unneeded accounts. The fewer credentials on your device, the less risk if it falls into the wrong hands. [American Friends Service Committee](#)
 - 2. Consider whether to bring your phone or leave it at home**
 - a. If possible, leave your main phone at home. Bring a “burner” or secondary device if you must. The less personal data you bring, the less risk. [Privacy Guides](#)
 - 3. Clean up location/digital traces**
 - a. Turn off location services, WiFi, Bluetooth; clear saved networks. This helps prevent your movements or presence from being logged or tracked. [Digital Defense Fund](#)
 - 4. Secure communications**
 - a. Use end-to-end encrypted messaging apps (for example, Signal). Enable disappearing messages where possible. [American Friends Service Committee](#)
 - b. Update all your software (OS, apps). Many breaches come from unpatched vulnerabilities. [American Civil Liberties Union](#)
 - 5. Backup & minimal data**
 - a. Back up any important data before going out. Limit the amount of data on your device for the protest. [American Friends Service Committee](#)
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3. Digital safety: during the protest

- 1. Device usage best practices**
 - a. Keep your phone locked when not actively in use.
 - b. Use airplane mode if you don’t need cellular data — this reduces tracking risk. [Privacy Guides](#)
 - c. Avoid using your primary device if possible. Minimize connectivity if you can.
- 2. Capturing video/photos thoughtfully**
 - a. Be cautious about capturing identifying features of others (faces, tattoos, etc.) unless their consent is secured — this is especially important if the footage could be used against them. [Indivisible](#)
 - b. If you take photos/videos of the protest or police, consider how that could later be used (by you, media, or law enforcement) and whether location cues are embedded in metadata.
- 3. Buddy system & communication**
 - a. Stay with friends, have check-in times. Let someone know your whereabouts.
 - b. If you are using a second device or coordinating group communications, keep things simple, encrypted, and minimal.
- 4. Face recognition and surveillance awareness**
 - a. Wear sunglasses, hat, mask (if safe/legal) to reduce facial recognition risk; avoid unique clothing that makes you easily identifiable. [Digital Defense Fund](#)

- b. Be aware that public areas, buildings, drones, and body cameras may be collecting data. [WIRED](#)
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4. Digital safety: after the protest

1. Device and account follow-up

- a. If your device was confiscated or lost: change your passwords, remove access credentials, alert your contacts. [The Verge](#)
- b. Remove any footage or data you don't want publicly traceable. Think about metadata (location, timestamps) when sharing.

2. Reflect on what you shared

- a. Before posting videos or photos, consider whether the content reveals identities, locations, or could be used to target individuals.
- b. When sharing, consider blurring faces or removing location metadata if privacy is a concern. [Indivisible](#)

3. Organizational / group digital hygiene

- a. If you're part of a protest-group or collective, clarify digital roles (who records, how data is stored, how long it's kept, who has access).
- b. Consider secure data storage practices, access controls, and perhaps "sunsetting" data when it's no longer needed.

4. Legal & psychological care

- a. Document any adverse interactions with law enforcement; if you believe rights were violated, consult legal counsel or organizations such as the ACLU.
 - b. Consider the emotional impact of being surveilled, targeted, or arrested — seek peer or professional support if needed.
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Specific tips & checklists (quick reference)

Before you go

- Encrypt your device & set a strong passcode (disable biometrics)
- Decide if you bring your phone or a burner
- Log out of unnecessary apps/accounts
- Turn off location/WiFi/Bluetooth; clear saved networks
- Install trusted encrypted messenger (Signal)
- Update operating system & apps
- Backup important data
- Inform a friend or support person of your plan & check-in time

During protest

- Use airplane mode if possible
- Keep phone locked and in a safe place
- Capture what you need, but limit personally identifying data
- Be aware of surroundings, surveillance cameras, drones, etc.
- Use buddy/partner system, check in with support person
- Note witness contacts or legal help info in case something happens

After the protest

- If your phone was confiscated or lost: immediately change passwords, alert your contacts
- Review any photos/videos before posting — remove metadata, blur faces/locations if needed
- Delete or archive data you don't need
- Provide legal/psychological support as needed
- If part of an organizing group: hold a debrief on digital security, update practices

6. Why this matters

- Technology & surveillance capacity are rapidly expanding. The ACLU observes that consumer tech, networks, and apps can be co-opted for monitoring, tracking, and interfering with free speech and assembly. [American Civil Liberties Union](#)
- Phones and devices carry much more than calls: location history, contacts, photos, metadata, apps—all can reveal *who you are, where you've been, who you know, and what you believe*.
- Even innocuous-looking data at a protest can provide law enforcement or adversaries with meaningful information (e.g., attendance at protest = affiliation with cause).
- Ensuring digital safety is not just about personal protection: it affects the safety of others in your community and your movement. If one device is compromised, broader networks might be exposed.